

Valley Flax Whole Milled Flax Seeds for Horses

Flax for Equine health

Flax is a natural source of anti-oxidants, omega-3 oil, and fibre for horses. Regular feeding of milled flax seeds has been shown have several benefits.

1. Full fat Valley Flax contains approximately 40% oil. Flax seed meal, the residue from processing flax seeds for their oil content, has most of the oil removed during processing. Flax seed oil not only helps improve **coat shine**, it also helps reduce **comb-out** time. Horse owners who feed flax daily for 6 to 8 weeks report that comb out time is significantly reduced.
2. The **omega-3 oil** in flax seeds is a **natural anti-inflammatory**. Whether your horse is recovering from colic, founder, heaves, bites, scrapes, bruises, strains or breaks, providing flax can help reduce the amount of swelling associated with the disease or injury, and assist the healing process. Omega-3 oil can also have a **calming effect** on a horse, helping resolve stall-kicking as well as enhance performance in the ring. The regular use of flax **improves hoof condition** and helps protect your horse from **laminitis**.
3. Flax has **anti-viral, anti-fungal and anti-bacterial properties**. These components can help protect your horse from many diseases.
4. Flax is a source of gel-forming soluble fibre and non-soluble roughage which can help prevent **colic**. Every 250 ml portion (1 cup) provides approximately 27 g of dietary fibre. When soluble flax combines with liquid it forms a gel. Sand and other particles that may contribute to colic collect in this gel and are carried out of your horse's body.
5. Flax is a source of several **minerals and vitamins** that your horse needs for optimum health. (See the nutritional information at WWW.VALLEYFLAX.COM for details).
6. Flax is approximately 20% **protein**, helping to build muscle and body tissue. Each cup of Valley Flax whole milled flax seeds for horses provides approximately 20 g of protein.

Feed flax every day to help your horse receive the nutrients it needs for optimum health.

To find a retailer carrying Valley Flax for Horses, visit our **store locator** on **Facebook**. Follow the link at www.valleyflaxflour.com or contact Valley Flaxflour Ltd using the information below.